



Dortmund

| Montag | Dienstag | Mittwoch | Donnerstag | Freitag |
|--------|-----------------------|--|------------|-------------------------|
| | | | | 16.00 55' Kids KungFu |
| | | 18.00 60' Kids KungFu / Kickboxen | | |
| | 19.00 55' KungFu | | | |
| | | 20.00 60' Kickboxen / Sanda | | |

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|-----------|------------|
| Taekwondo | Mind |
| Kickboxen | Open Class |
| KungFu | |

* Lv. I = Anfänger · Lv. II = Fortgeschrittene